



RIVER EAST SPRING & SUMMER MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	May-18, Jun-8, Jun-29, Jul-20, Aug-10, Aug-31, Sep-21, Oct-12	May-19, Jun-9, Jun-30, Jul-21, Aug-11, Sep-1, Sep-22, Oct-13	May-20, Jun-10, Jul-1, Jul-22, Aug-12, Sep-2, Sep-23, Oct-14	May-21, Jun-11, Jul-2, Jul-23, Aug-13, Sep-3, Sep-24, Oct-15	May-22, Jun-12, Jul-3, Jul-24, Aug-14, Sep-4, Sep-25, Oct-16	May-23, Jun-13, Jul-4, Jul-25, Aug-15, Sep-5, Sep-26, Oct-17	May-24, Jun-14, Jul-5, Jul-26, Aug-16, Sep-6, Sep-27, Oct-18
BREAKFAST	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg/Sausage Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg Fruit /Yogurt	RELAXED BREAKFAST Assorted Pure Juices Oatmeal/Cream of Wheat Cold Cereal Variety Toast/Muffins Egg/Bacon Fruit /Yogurt
	Tomato Basil Soup Grilled Ham & Cheese Sandwich Dill Pickles Fruit Cocktail OR Assorted Sandwiches	Vegetable Barley Soup Chicken Burger Carrot Raisin Salad Apricot Whip OR Assorted Sandwiches	Chicken Rice Soup Macaroni and Cheese Scalloped Tomatoes Diced Pears OR Assorted Sandwiches	Cream of Mushroom Soup Open Faced Chicken Caesar on Onion Bun Marinated Vegetable Medley Pudding/Whipped Topping OR Assorted Sandwiches	Minestrone Soup Egg Salad Sandwich Bread & Butter Pickles Mango OR Assorted Sandwiches	Pineapple Juice Chili Con Carne Corn Muffin Mixed Green Salad Crushed Pineapple OR Assorted Sandwiches	Scotch Broth Soup Breaded Cod Nuggets Tartar Sauce Creamy Coleslaw Fruit Salad OR Assorted Sandwiches
PM	Donut Holes Beverage as Requested	Peanut Butter Cookie Beverage as Requested	Baked Assortment Beverage as Requested	Sugar Cookie Beverage as Requested	Chocolate Chip Muffin Beverage as Requested	Turnover Cookies Beverage as Requested	Baked Assortment Beverage as Requested
DINNER	Rib O' Pork Roasted Potatoes Mexican Corn Fruit Crumble OR Turkey Schnitzel	Salisbury Steak & Gravy Grilled Hash Browns Broccoli Florets Ice Cream OR Grilled Chicken Legs	Pork & Cheese Meatball Stroganoff Broad Egg Noodles Carrot Coins Banana Cream Pie OR Baked Fish	Homemade Shepherds Pie California Mix Vegetables Jell-O/Whipped Topping Scalloped Potatoes OR Sliced Ham	Glazed Salmon Loin Spanish Rice Peas Sherbet OR Tortierre	Herb Roasted Chicken Leg Parsley Boiled Potatoes Sunrise Vegetable Mix Pecan Streusel Cake OR Veal in Mushroom Sauce	Sliced Pork Roast Demi-Glace Sauce Mashed Potatoes Green Beans Assorted Pies OR Meatballs
	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested	Assorted Sandwiches Beverage as Requested

(250 ML OF MILK AT BREAKFAST = 125ML IN CEREAL AND 125ML TO DRINK) (PEANUT BUTTER 30mL OFFERED WITH BREAKFAST DAILY) (SIDE SALAD 125mL WITH DRESSING IS OFFERED AT DINNER)

1 SLICE BREAD (4 CRACKERS) AND MARGARINE SERVED WITH LUNCH AND DINNER (AT LUNCH ALT. MEAL SERVED WITH FIRST CHOICE VEG) UNLESS NOTED
MILK (3.5 CUPS / 875 ML) PLUS TEA OR COFFEE SERVED AT BREAKFAST, LUNCH, DINNER AND SNACKS (AT DINNER ALT. MEAL SERVED WITH FIRST CHOICE STARCH AND VEG) UNLESS NOTED

